


Lunch menu week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
French Onion Soup	Pea & Ham	Cream of Mushroom Soup	Sweet potato, coriander & coconut soup	Creamy broccoli & stilton soup		
Italian style beef lasagne	Chicken & Leek Pie Gravy	Roast loin of pork with apple sauce stuffing	Cottage Pie	Baked salmon with a light white sauce	Chicken Tikka Panini	Roast beef, Yorkshire pudding
Jacket potatoes with Tuna & sweetcorn mayonnaise	Macaroni Cheese (V)	Jacket potatoes with Baked beans and cheese (V)	Penne pasta and spinach bake	Fish fingers	Feta, black olive & tomato Panini (V)	Sweet potato, rocket & red onion frittata (V)
Potato, Spring Onion and cheddar pie (V)	Vegetable Burger (V)	Roasted vegetable strudel (V)	Quorn & Vegetable Cottage Pie (V)	Roasted Red pepper and Blue Cheese Quiche (V)		
Boiled potatoes Roast Mediterranean vegetables Garlic bread	New Potatoes Sweetcorn Peas	Thyme roasted potatoes Cauliflower cheese Green Beans	Mashed potatoes Courgettes	New potatoes Grilled tomato Peas	Baked paprika wedges Red coleslaw Mixed salad	Roast potatoes Sauté greens with bacon & garlic Mashed Swede
Yogurt Fresh Fruit Apple Crumble And custard	Yogurt Fresh Fruit Bakewell Tart	Yogurt Fresh Fruit Sticky toffee pudding	Yogurt Fresh Fruit Carrot Cake	Yogurt Fresh Fruit Jelly & Ice cream	Yogurt Fresh Fruit Dutch Apple Pie Custard	Yogurt Fresh Fruit Chocolate sponge and chocolate custard 



Lunch menu week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cream of tomato soup	Thai Vegetable Soup	Carrot and coriander soup	Leek & potato soup	Minestrone soup		
Roast chicken fillet, lemon, garlic & thyme	Spaghetti Bolognaise Garlic Bread	Roast gammon with pineapple	Chicken Korma Naan bread Poppadoms	Battered Cod with lemon and tartare sauce (fish fingers)	Lamb in redcurrant with Dumplings	Roast herby lamb shoulder Mint sauce Yorkshires
Baked Jacket potatoes with Tuna and sweetcorn	Tomato and basil sauce	Baked jacket potatoes with cheddar cheese & Baked beans	Spinach, herb cheese pasta bake	Fisherman's Pie	Sauté mushrooms and cheese baguettes (V)	Emmenthal & rocket quiche (V)
Creamy Pasta bake, Cherry Tomatoes & Chives	Mushroom Stroganoff (V)	Spinach and Ricotta Filo Parcels (V)	Two potato Korma with Poppadoms	Vegetarian Burgers		Tempura vegetables in a sweet chilli sauce
Roasted rosemary potatoes Broccoli Carrot Batons	Boiled Rice Mixed green vegetables Sweetcorn	Roast potatoes Honey roast parsnips Green Beans	Braised Rice Roasted vegetables	chips Glazed carrots Peas	Crushed new potatoes Roasted root vegetables	Roast potatoes Roasted parsnip & carrots Green beans
Yogurt Fresh fruit Toffee Apple sponge with custard	Yogurt Fresh Fruit Lemon Drizzle cake	Yogurt Fresh fruit Creamed Rice pudding	Yogurt Fresh fruit Fruit Trifle	Yogurt Fresh fruit Chocolate Rice Krispie cake	Yogurt Fresh fruit forest Fruits of the cheesecake	Yogurt Fresh fruit Jam sponge & custard




Lunch menu week 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chicken Noodle Soup	Creamy spiced parsnip soup	Cream of Celery soup	Butternut Squash & pepper soup	Roasted root vegetable soup		
Pork & leek sausages in red onion gravy	Steak pie with herby suet crust	Roast turkey with cranberries	Pizza bar special	Breaded haddock with tartare sauce (fish fingers)	Pork & vegetable stir-fry	Roast chicken with sage & onion stuffing Yorkshire
Pasta with Bolognaise or tomato and basil sauce	Jacket potato with coleslaw or chicken, bacon and mayo filling	Cheese and tomato Omelette (Homemade)	Jacket potato with Baked beans or Tuna	Smoked Haddock with pepper sauce	Mushroom Foo Yung (V)	Quorn mince filled Yorkshire pudding (V)
Very vegetable paella (V)	Mozzarella & roasted vegetable tart (V)	Butternut squash & spinach lasagne (V)	Feta, caramelised onion & tomato calzone (V)	Vegetable sausage casserole (V)		
Colcannon mash potato Peas and carrots Baked beans	New potatoes Sliced courgettes Fine green beans	Roast potatoes Broccoli florets Braised red cabbage	Jacket halves potatoes Sweetcorn mixed salad	Chunky chips Peas Glazed carrots	Noodles Stir fried vegetables Mini spring rolls	Roast potatoes Creamed carrot & Swede green beans
Yogurt Fresh Fruit salad Apple Pie and custard	Yogurt Fresh Fruit salad Fruit Cheesecake	Yogurt Fresh Fruit salad Forest Fruit Eton Mess	Yogurt Fresh Fruit salad Fruit Crumble and Custard	Yogurt Fresh Fruit salad Chocolate Ripple Sponge Sauce	Yogurt Fresh Fruit salad Banana split	Yogurt Fresh Fruit salad Bread & Butter PuddingCustard

